

Waiver and Release (must be signed by participant or parent/guardian):

I understand that participation in this event is voluntary. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event, and I hereby release and hold harmless and covenant not to file suit against **[Chapter Name]** and the Douglas County Educational Foundation for any loss, liability or claims I may have arising out of my participation in this event, including personal injury or damage suffered by me or others, whether caused by falls, contact with other participants, conditions of the course, negligence of the releasees or otherwise. I give my full permission to **[Chapter Name]** to use any photographs, videotapes or other recordings of me that are made during the course of this event.

Name of Participant

Date

Signature of Participant (or Parent/Guardian)

Relationship